

Spiral of Transformation

The IndigenEYEZ Learning Experience



Honouring Our Ancestors' Ways

- Relationship
- Reciprocity
- Respect
- Responsibility

Connecting

Creating

Integrating

Transforming



Dreaming New Ways For The People-To-Be

- Belonging
- Vulnerability
- Humility
- Self-Determination

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The IndigenEYEZ learning experience: Transforming our capacity for collective wellbeing, hope, and renewal

Honouring Our Ancestors' Ways

RELATIONSHIP We are all related, interconnected, and interdependent. Through our dreams and actions, we impact each other and all living communities.

RECIPROCITY We all have something valuable to offer in the renewal of our collective imagination, knowledge, and wisdom.

RESPECT We respect and value our unique perspectives, experiences, and needs, and we uphold diversity, complexity and tension as essential for collaboration and balance.

RESPONSIBILITY We have a right and responsibility to express and share our dreams, visions, gifts, knowledge, and skills for the collective wellbeing of all our relations.

Dreaming New Ways For The People-To-Be

BELONGING As we remember and share our stories, lived experiences, and interconnections, we reawaken our sense of belonging and our relations in the past, present, and future.

VULNERABILITY As we honour our gifts to create, co-create, and imagine, we express ourselves, learn, grow, and commit to correcting.

HUMILITY As we reground ourselves in humility, we acknowledge the limitations of our own experiences and knowledge and seek to expand ourselves through welcoming in the wisdom and insights of others.

SELF-DETERMINATION As we enhance our capacity to connect, create and integrate, we identify small and incremental actions that may transform our professional and personal relationships.

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How Our Workshops Foster Culture Shifts

CONNECTING Rooted in Indigenous principles, protocols, and agreements, we create relational spaces for bodies, minds, spirits, and hearts to experience authentic connecting, inclusion and belonging.

CREATING We spark your imagination, intuition, and impulses through invitations to engage in reciprocal and experiential learning and creative embodied practices that guide us towards embracing your vulnerabilities with courage.

INTEGRATING Supporting us to engage complex, diverse, and opposing perspectives with curiosity and humility. Stretching us to the edges of our understanding and awareness so we may learn to hold space for the tension that sparks new ideas, understandings, knowledge, and awareness.

TRANSFORMING Applying the principles, practices, shifts, and activities that may transform our lives through small incremental actions and enhance our autonomy and fuel dreams of collective wellbeing, hope, and renewal.

Putting Our Values Into Action

INCLUSION We acknowledge, honour, and value the diverse roles, relationships, gifts, skills, and contributions we all have to offer.

IMAGINATION We envision the changes that need to happen, or the practices and shifts in our lives, for collective wellbeing, hope, and renewal.

CURIOSITY We welcome new perspectives, knowledge and ways of doing things that expand our worldview, knowledge, understanding, and awareness.

EXPRESSION We engage creative expression, experiential learning, and knowledge sharing that challenges our habitual perspectives and actions, and takes us to our learning edge.